

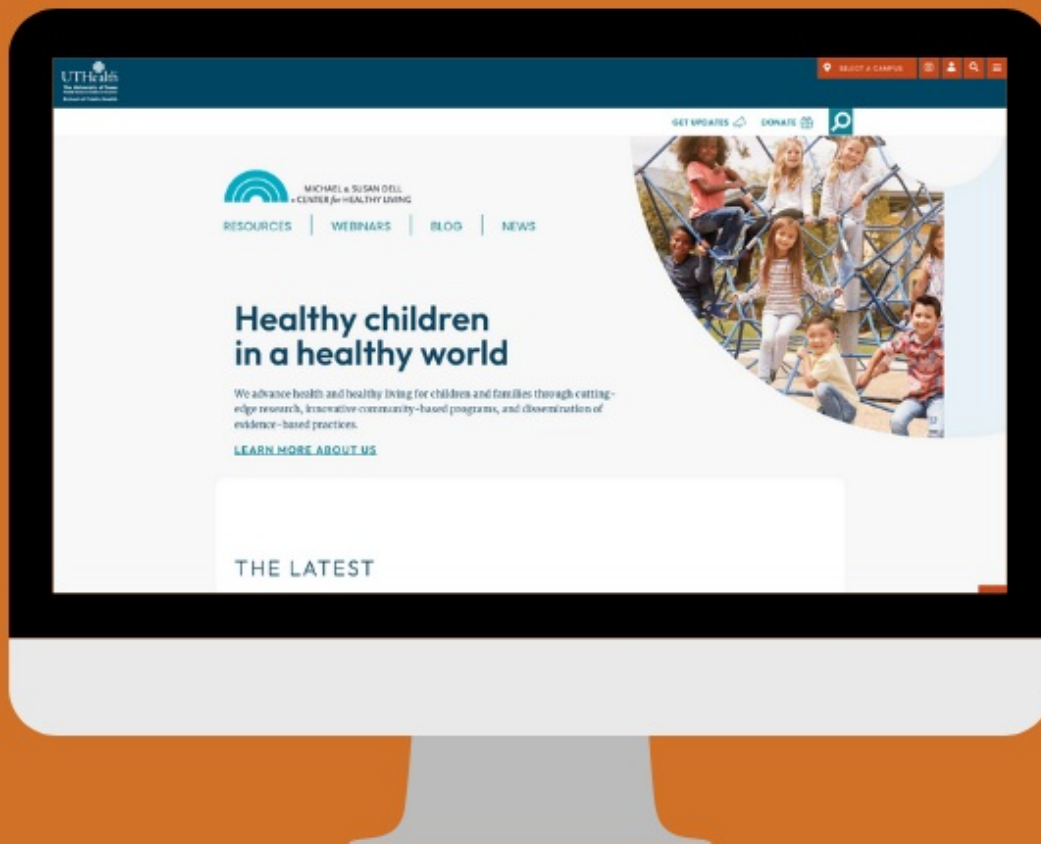
# April 2022 Newsletter



## Happy Spring from the Michael & Susan Dell Center for Healthy Living!

We are excited to start this season by getting active outdoors, celebrating a season of healthy foods, and continuing to work toward our vision of healthy children in a healthy world.

## New Center Website



Our new website is finally here! The new site includes a refreshed, streamlined look and updated navigation tools that help you easily access our resources and research. Check out the new features to quickly find Center updates and news, trainings and initiatives, and child health resources.

## Upcoming Events

**Webinar:** “Integrating Digital Interventions with the Clinical Enterprise” (4/26 12:00 PM)

The uptake of informatics solutions in clinical care (e.g., Electronic Health Record systems) combined with the ubiquity of smartphones and wearable devices has led to an exponential growth of digital health solutions. In this webinar, we discuss general guidelines to achieve integration of methodologies with the clinical enterprise.

- Speaker: François Modave, PhD, Professor, Department of Biostatistics and Data Science, UTHealth Center for Community Health Impact

[Register for Webinar](#)[View Past Webinars](#)

## Michael & Susan Dell Center Lectureship in Child Health



The 2022 Michael & Susan Dell Center Lectureship in Child Health was "Limiting Global Warming to 1.5 to 2C: A Necessary and Unique Role for Health Professionals." featuring Keynote Speaker Edward Maibach, PhD, MPH. The Michael & Susan Dell Center co-sponsored this year's event with the University of Texas Moody College of Communication and The Center for Health Communication.

[View Lectureship Slides](#)

## Health Policy Resources

[Explore TX RPC Resources](#)

Featured Health Policy Resource:



### [Impact of COVID-19 on Child Mental Health](#)

As a result of altered experiences at home, school, and in the community during the COVID-19 pandemic, a vast number of children have faced social, emotional, and academic challenges, increasing their risk for depression, anxiety, suicide, sleep disorders, and substance use.

[Read More](#)

## Healthy Children, Healthy State

### **Breakfast Consumption Report**

This new report shows that eating breakfast is associated with improved academic achievement, reduced absenteeism, healthier body weight, improved overall nutrition, and improved mood.

[Read More](#)

### **Texas Child Health Status Reports and Toolkits**

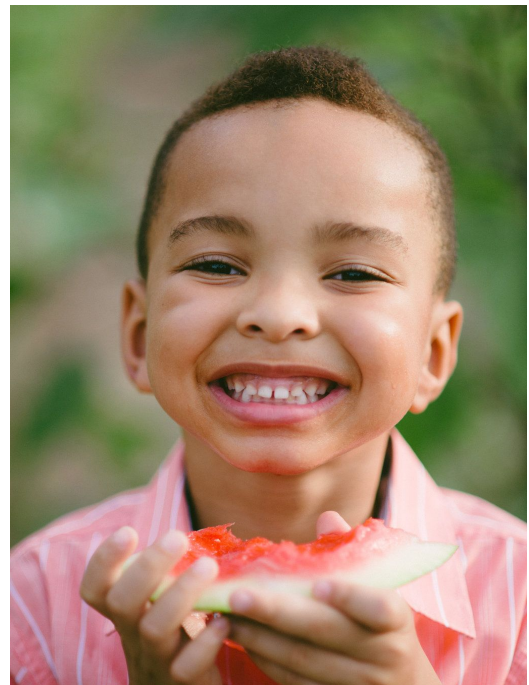
Stay up to date with our research, recently updated with new SPAN 2019-2020 data!

[View Reports](#)

### **Child Physical Activity Toolkit**

This new toolkit consists of evidence-based resources, best-practices, data, tools, and guides. Use this toolkit to learn about Texas's current physical activity crisis and how you can impact our state's health. This toolkit was released on January 21, 2022.

[Visit Toolkit](#)



## Student Public Health Workforce Training

### **Dell Health Undergraduate Scholars**

The Dell Health Undergraduate Scholar program is now accepting applications! This is a unique part-time research opportunity for one undergraduate student interested in public health, community building, and obesity prevention. This program encourages students from Central



[Apply Now](#)

### Dell Health Scholars

Last Fall, the Center welcomed Shelby Flores-Thorpe as a new Dell Health Scholar, supporting the Center's Texas Research-to-Policy Collaboration (TX RPC) Project and food systems research. Brittany Buchanan was also appointed as a new Dell Health Scholar in January and supports creating health policy reports for the TX RPC Project.

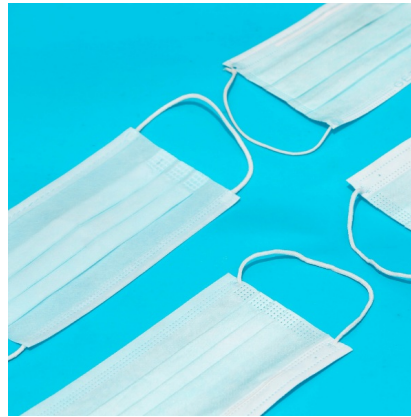
[View Dell Health Scholar Program](#)

## Recent Resources



[View Publications](#)

Explore our recent publications online and filter by topic.



[View COVID-19 Work](#)

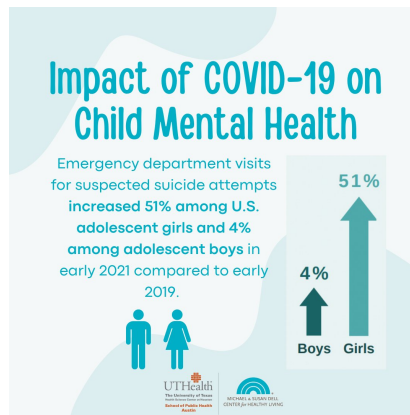
Catch up on our COVID-19 work including webinars, reports, and research recommendations.



[View Featured Blogs](#)

Read blogs from public health experts.

## Follow Along on Social Media



**Healthy Children, Healthy State: Sugar Sweetened Drinks**

We can improve what Texas children drink by:

- Providing accessible clean drinking water
- Prohibiting sale of sugar-sweetened drinks
- Encouraging food marketing companies to reduce unhealthy food and drink marketing to children

Logos: UTH Health, Center for Health Equity Promotion and Prevention

[msdcenter.org](http://msdcenter.org)

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